

eBP: A Wearable System For Frequent and Comfortable Blood Pressure Monitoring From User's Ear

Nam Bui⁺, Nhat Pham⁺, Jessica Barnitz⁺, Zhanan Zou⁺,

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Jianliang Xiao⁺, Robin Deterding⁺, Thang Dinh* and Tam Vu⁺.

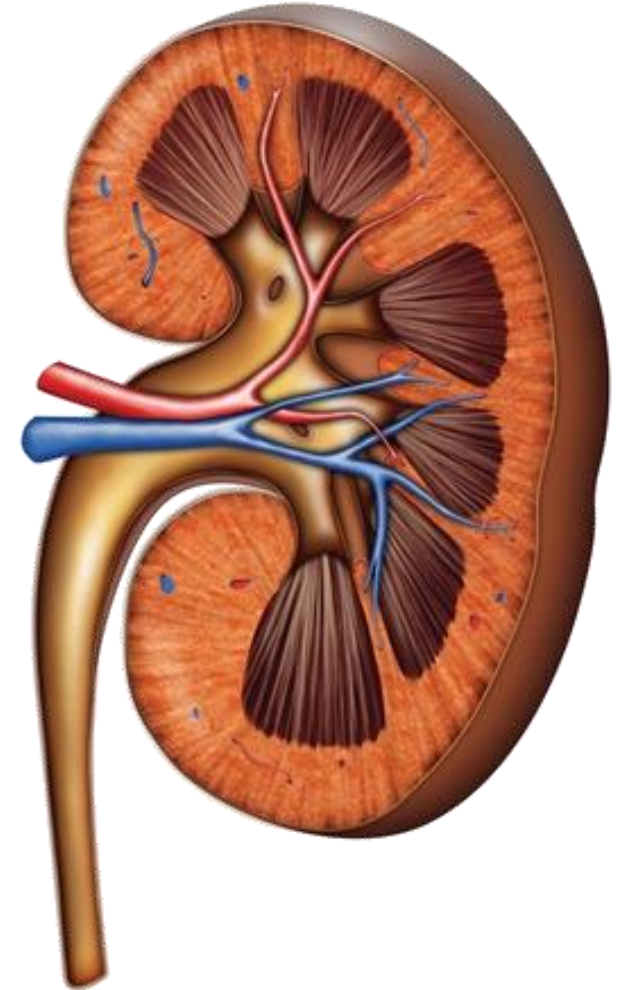
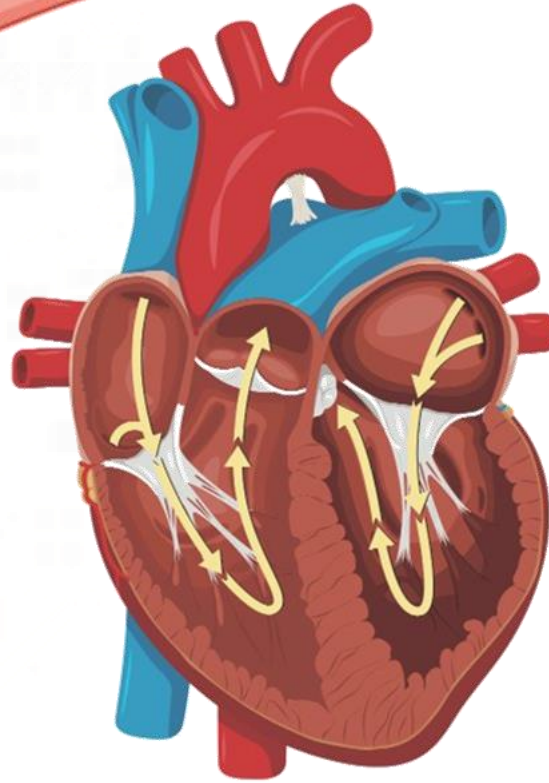
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Hypertension

Chronic Kidney Disease

Heart Failure Stroke



Blood Pressure is **the key vital sign** for many diagnosis.



Arm-cuff BP monitoring



Wrist-cuff BP monitoring

Common BP monitoring devices.

Hypertension – Ambulatory Blood Pressure Monitoring (24 hours)



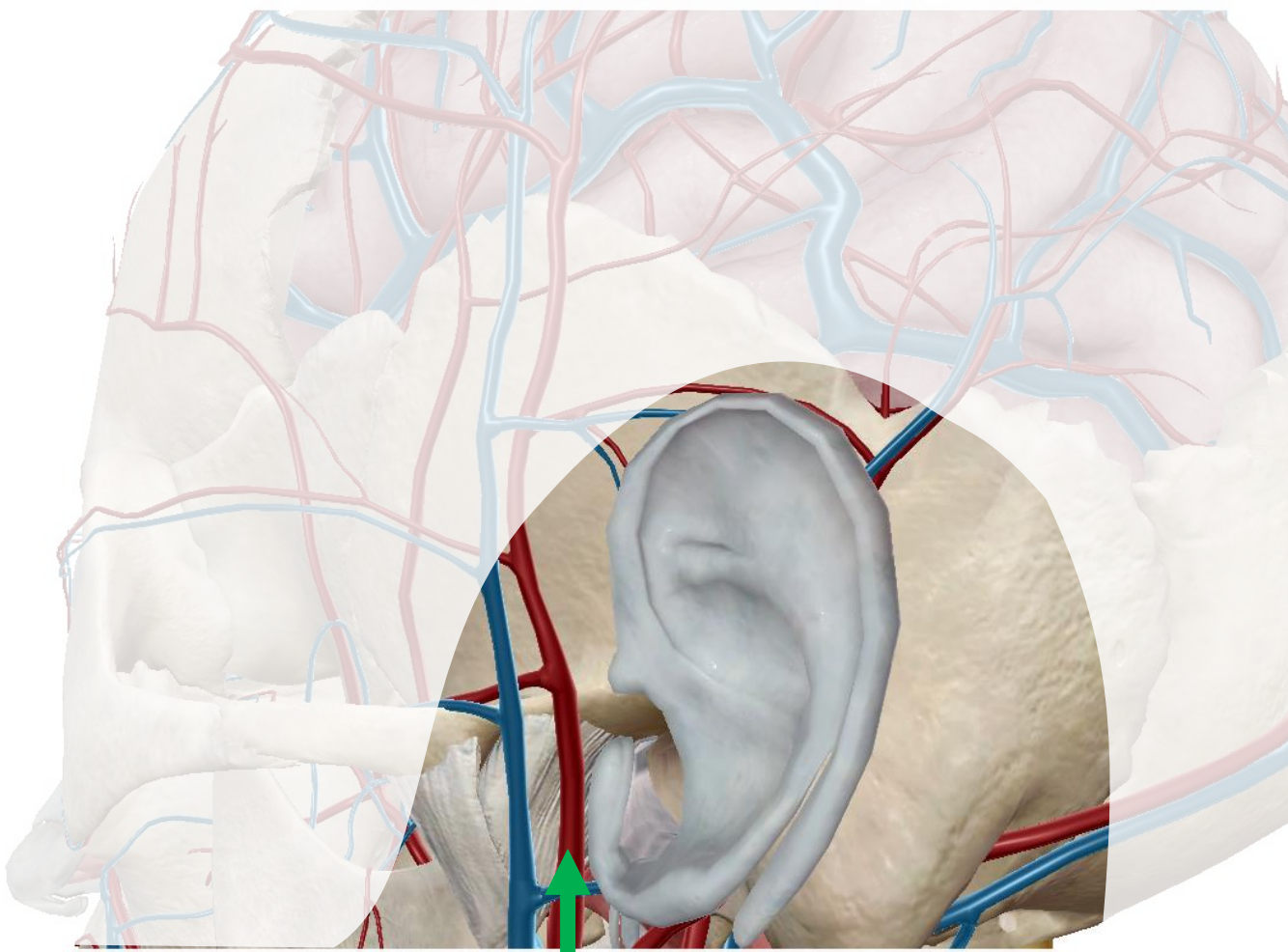


- ✓ Convenient
- ✓ Unobtrusive.
- ✓ Frequent & long-term usage.

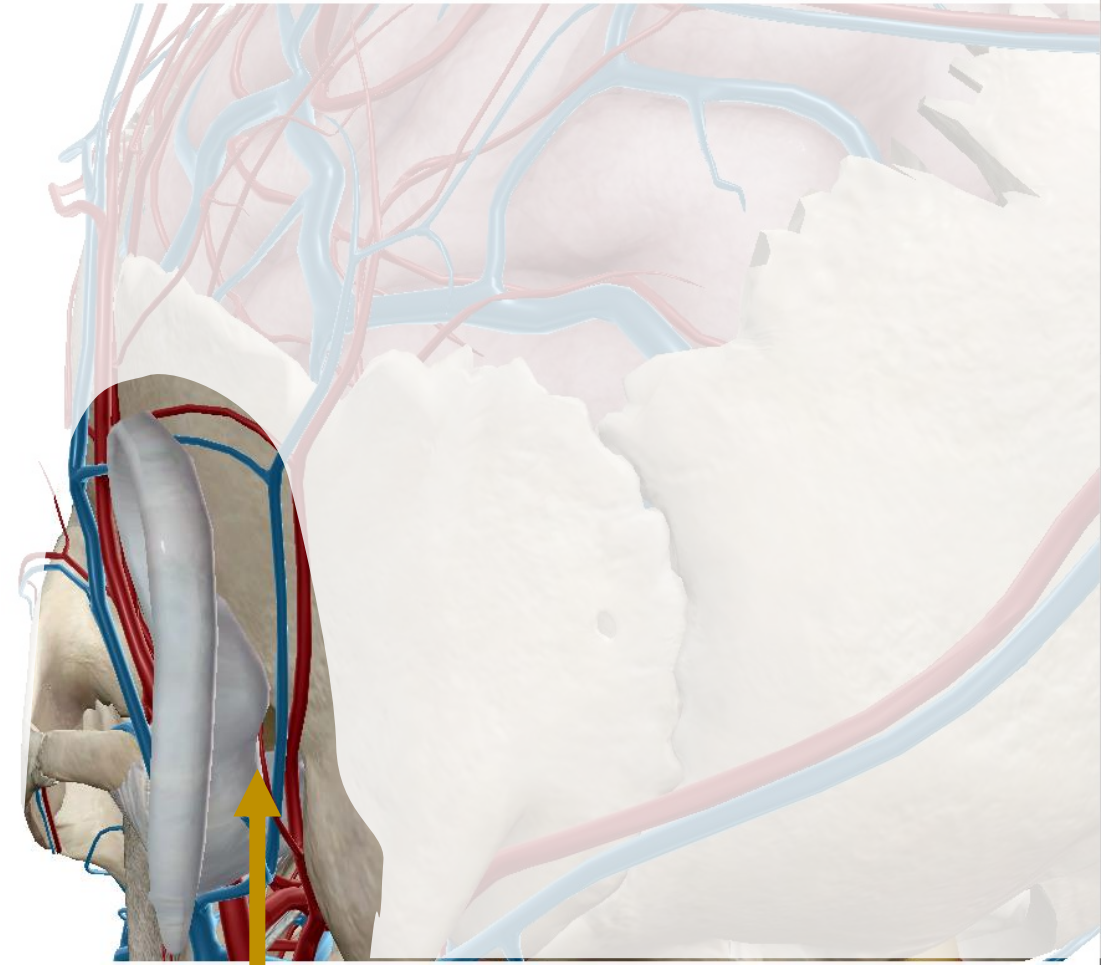


eBP: In-ear Blood Pressure Monitoring System

Analysis of arterial system around the ear

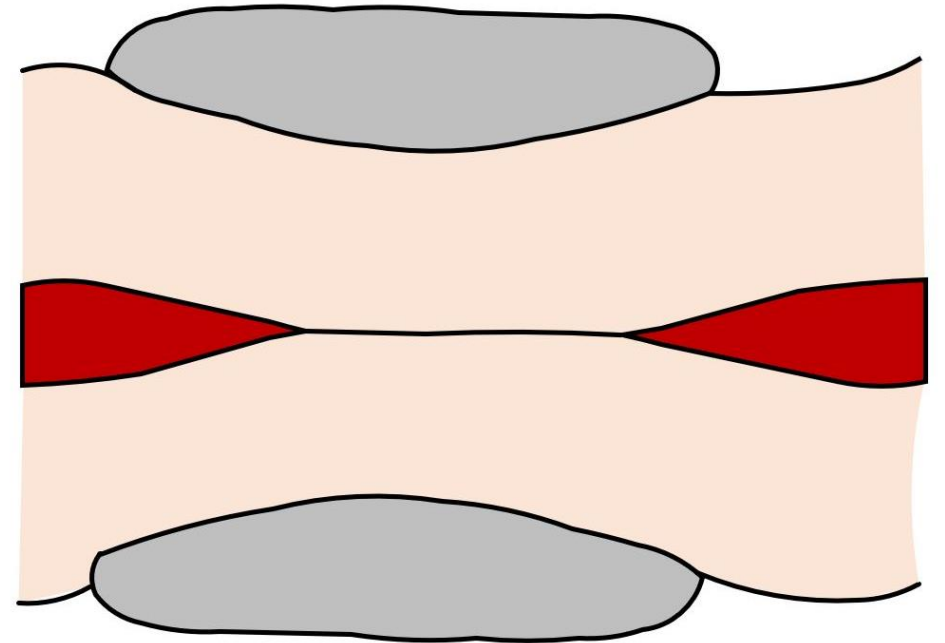
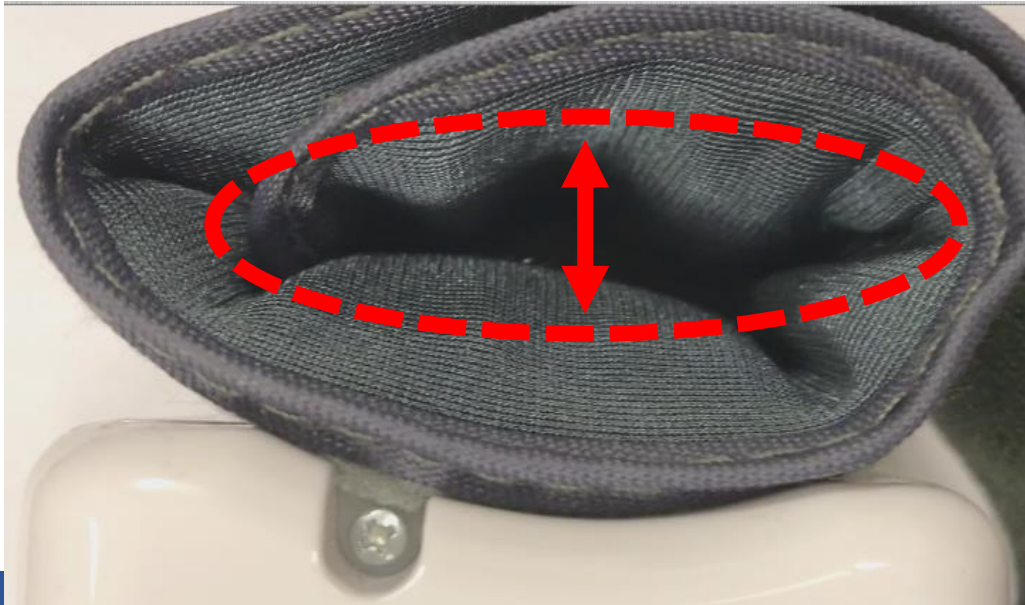
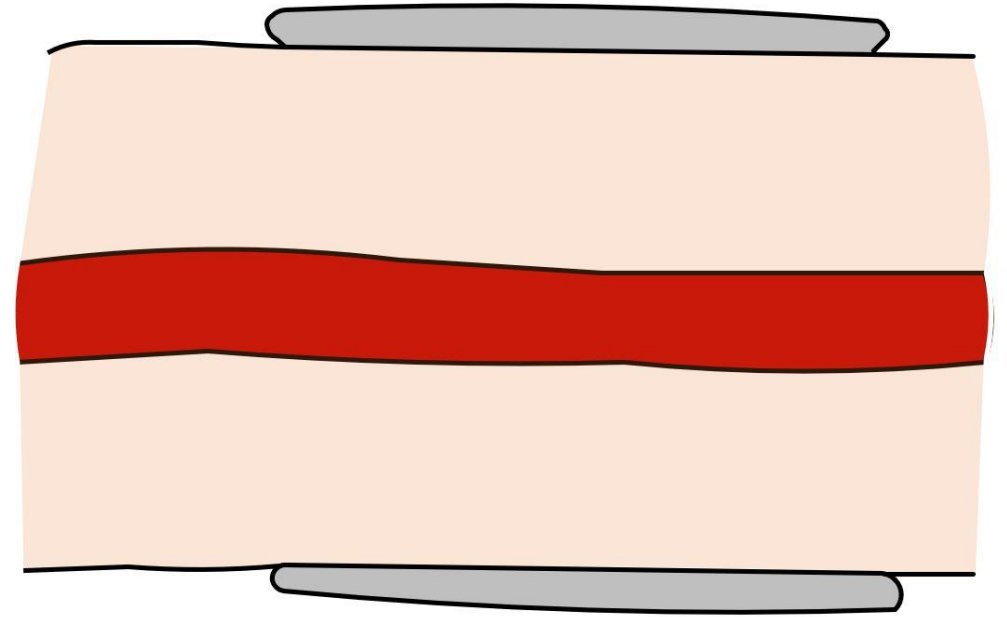
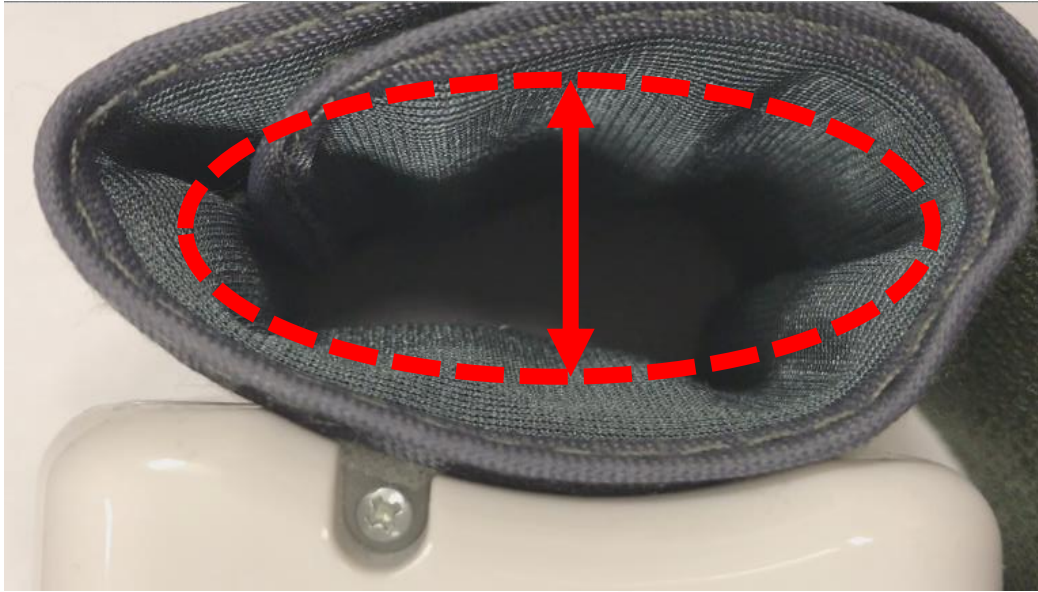


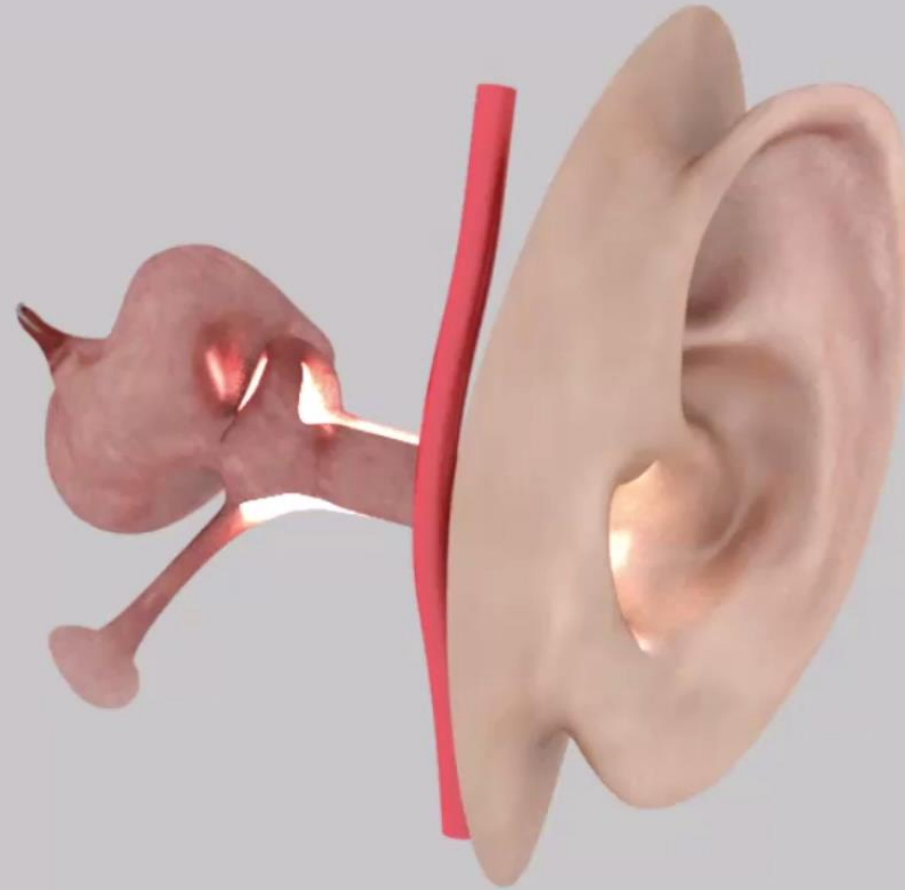
Superficial Temporal Artery



Posterior Auricular Artery

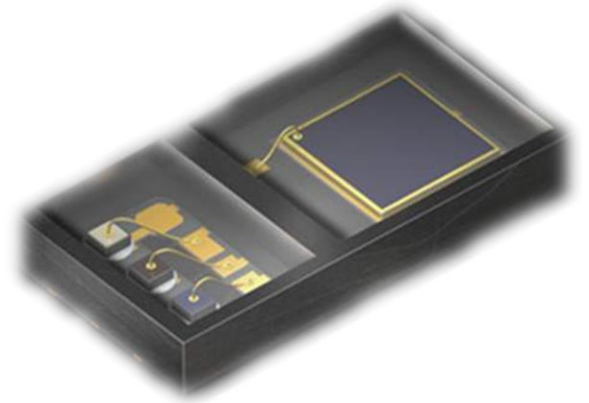
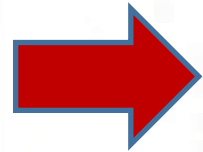
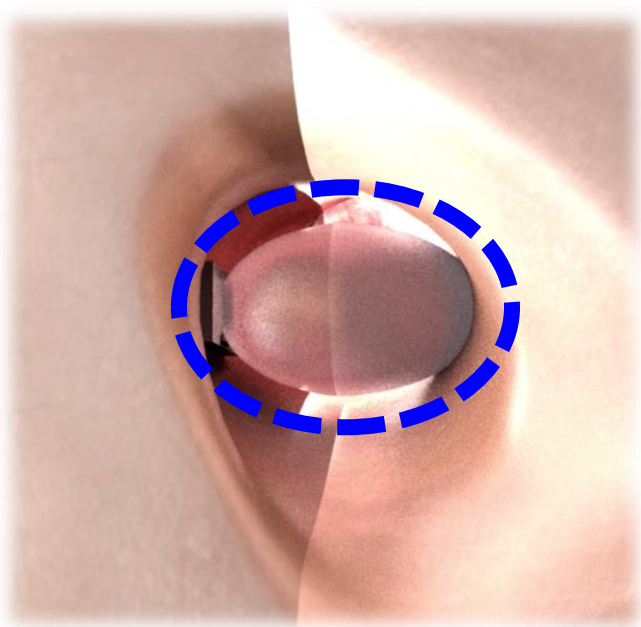
Fundamentals of Arm/Wrist Cuff Mechanism



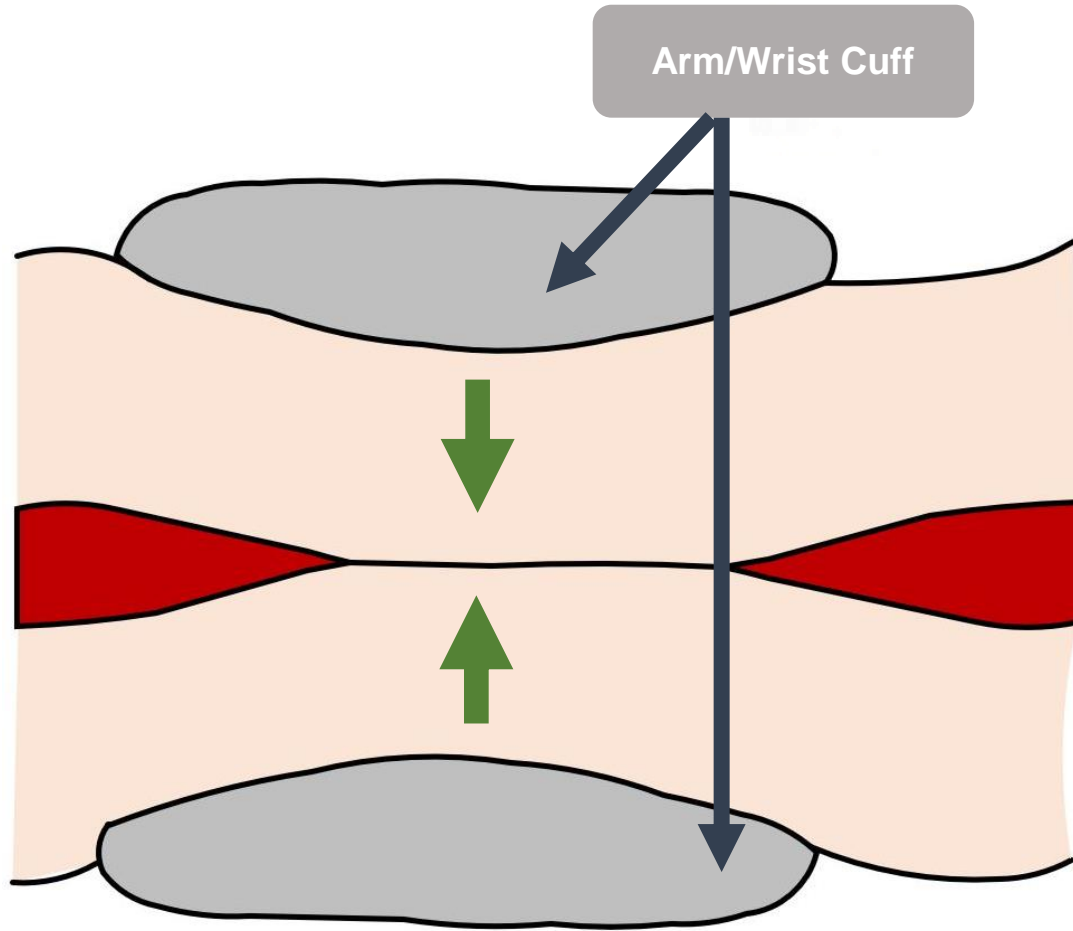


Introduce In-ear Blood Pressure Monitoring

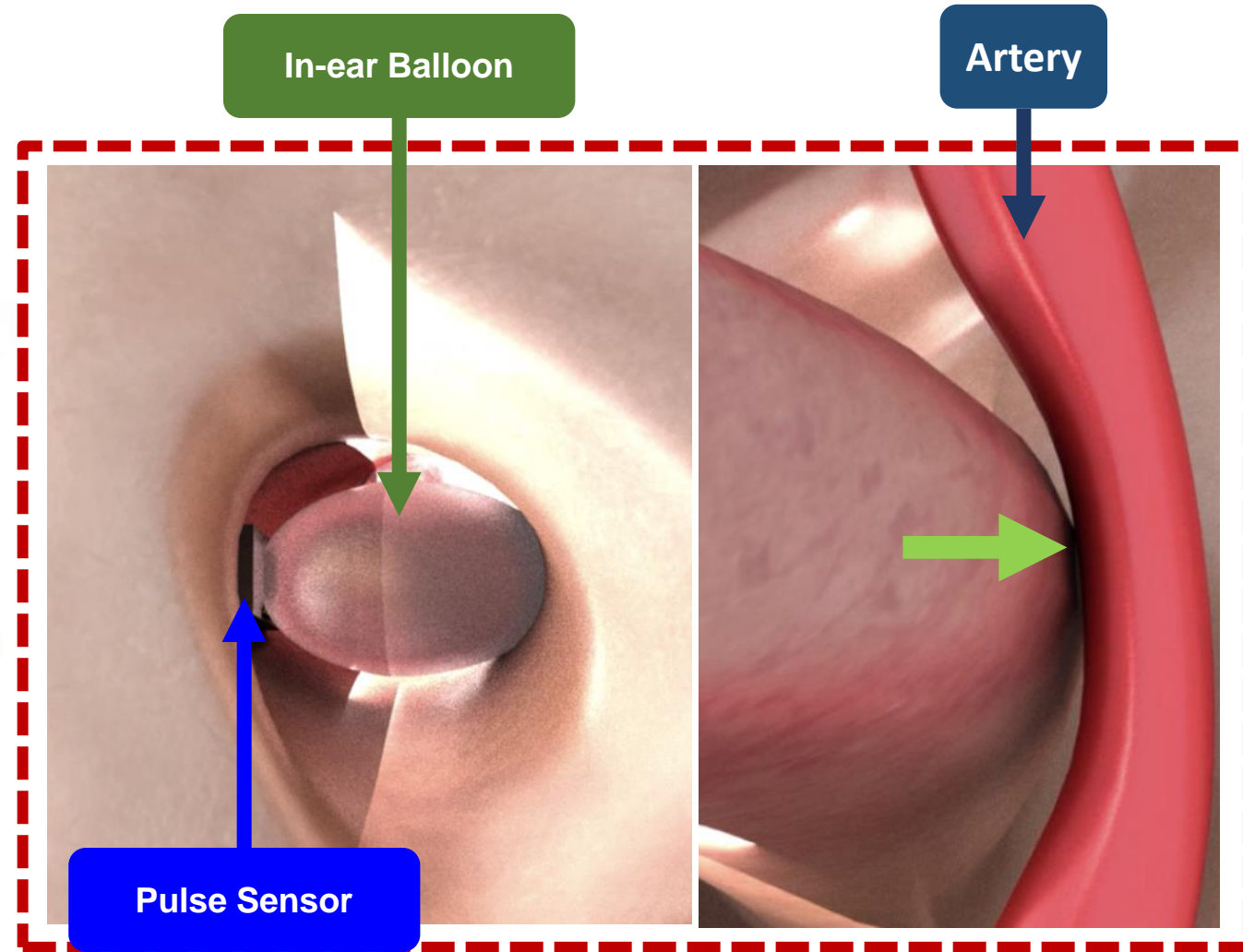
Photoplethysmogram (PPG) Pulse Sensing



Challenge: Arteries inside the ear cannot be completely blocked by the balloon.

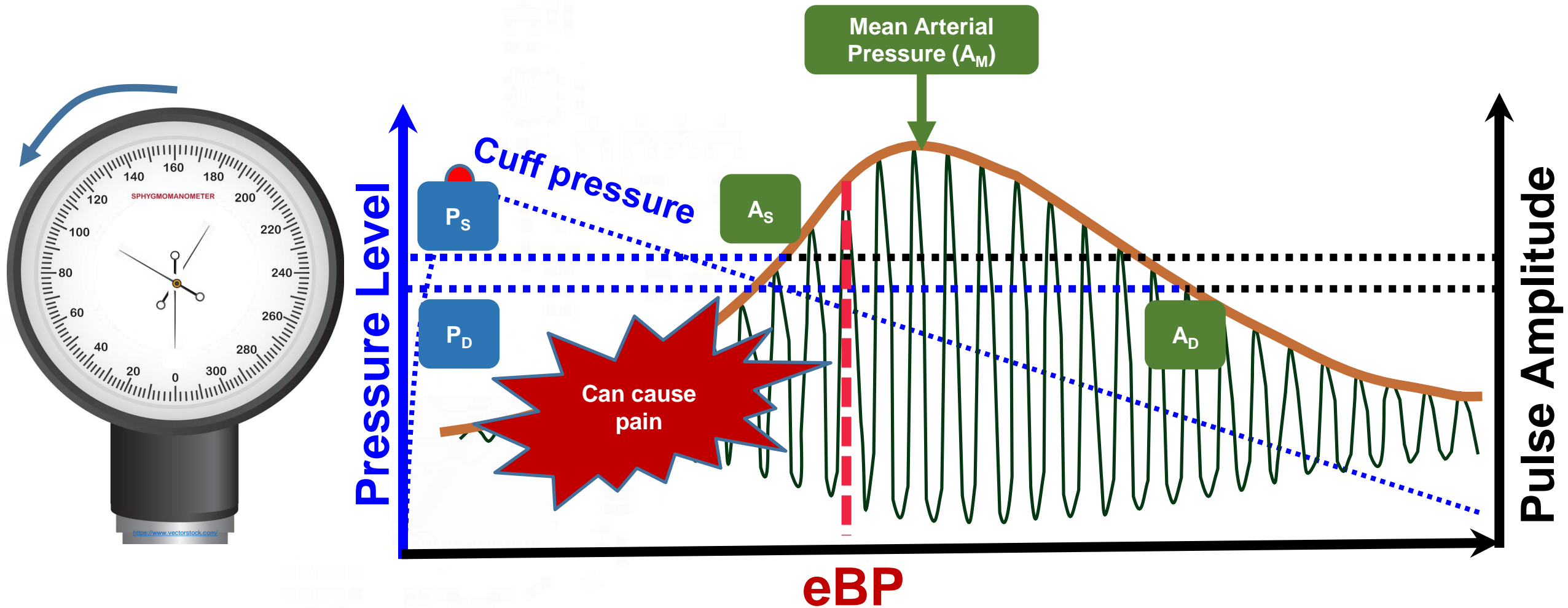


Conventional Cuff device

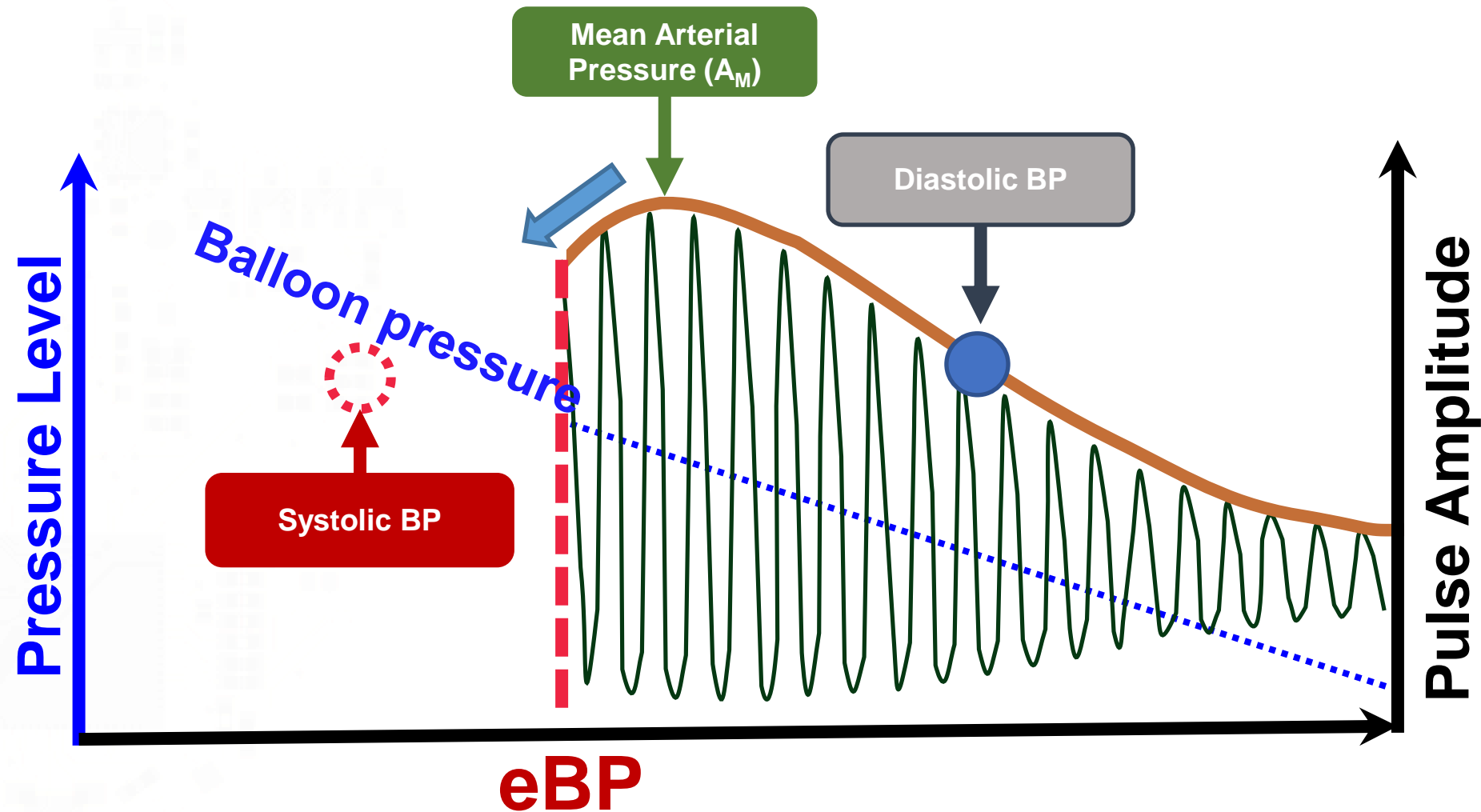


eBP

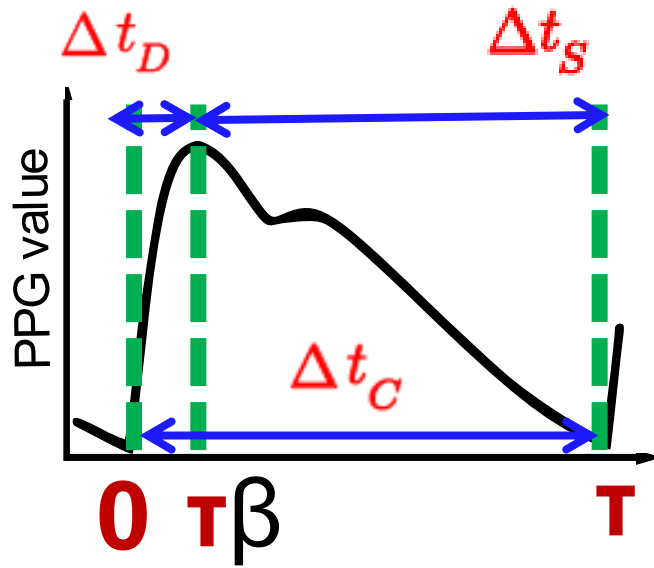
Oscillometric BP measurement



In-ear blood pressure measurement model



Relational equation between the MAP, systolic, diastolic BP



□ The **Mean Arterial Pressure (MAP)** : is the **average value of BP in one cycle**.

$$P_{MAP} = \frac{1}{\tau} \int_0^{\tau} P(t) dt$$

□ Assuming:

□ Pulse duration $[0, \tau]$

□ $\beta = \Delta t_s / \Delta t_c$ is the systolic fraction.

□ The **systole is in the interval $(0, \tau\beta)$** and **diastole is from $(\tau\beta, \tau)$** .

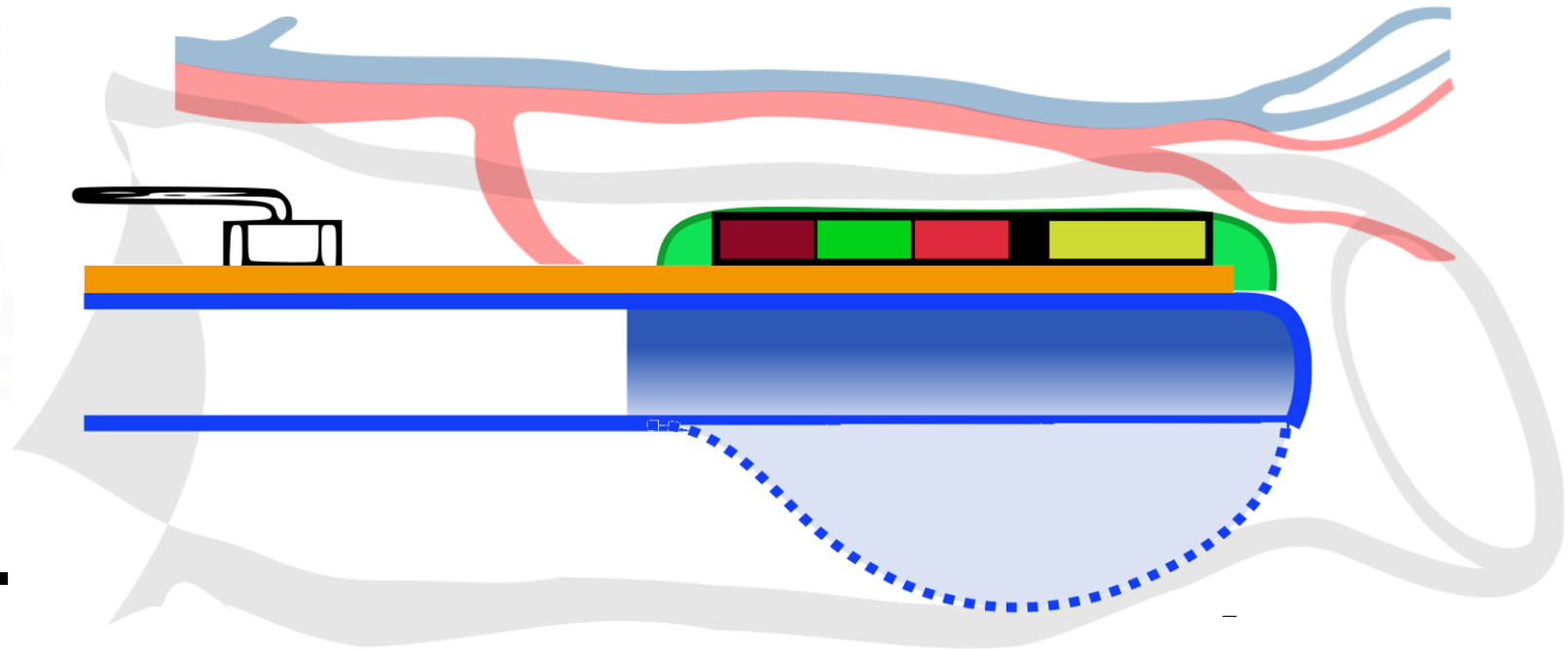
$$P_{MAP} = \frac{1}{\tau} \int_0^{\tau\beta} P(t) dt + \frac{1}{\tau} \int_{\tau\beta}^{\tau} P(t) dt = \underbrace{\beta \left[\frac{1}{\beta\tau} \int_0^{\tau\beta} P(t) dt \right]}_{P_s} + (1-\beta) \underbrace{\left[\frac{1}{(1-\beta)\tau} \int_{\tau\beta}^{\tau} P(t) dt \right]}_{P_D}$$

$$P_M = \beta P_s + (1 - \beta) P_D$$

$$\beta = \Delta t_s / \Delta t_c$$

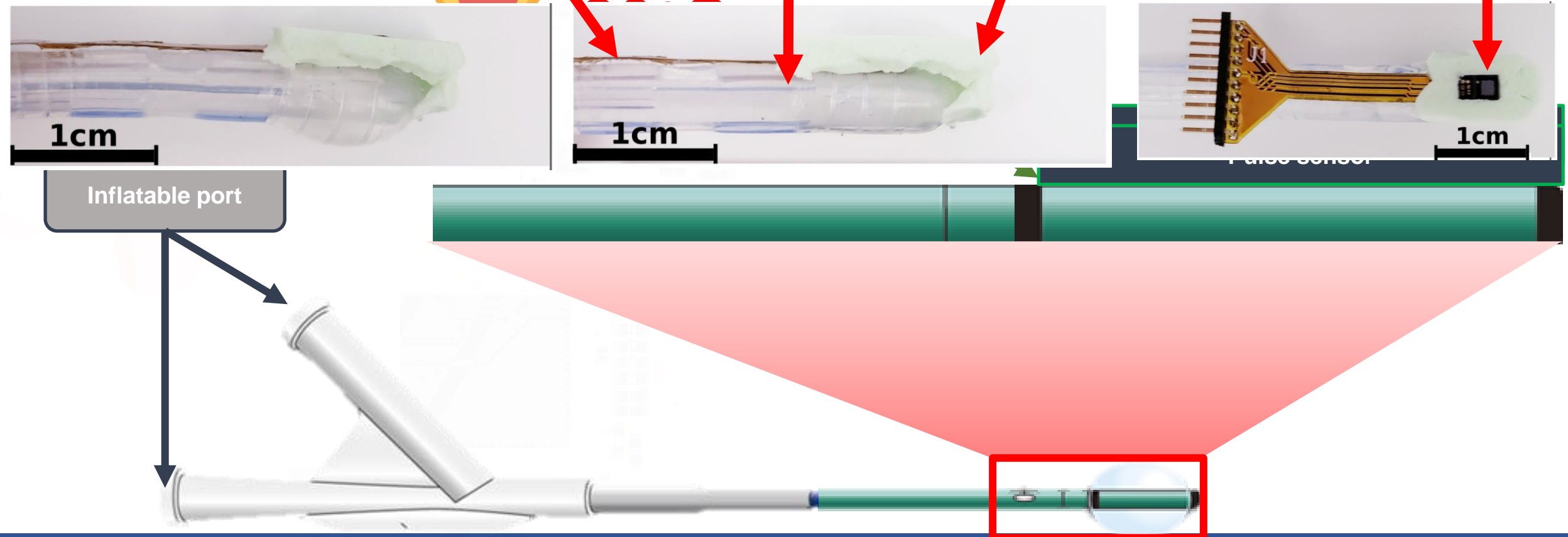
Challenge: In-ear balloon design.

- ✓ **Medical Safe.**
- ✓ **Bio-compatible.**
- ✓ **User's comfort.**
- ✓ **Be able to attach Pulse sensor.**
- ✓ **Fit inside the ear.**
- ✓ **Be Inflatable inside the ear.**

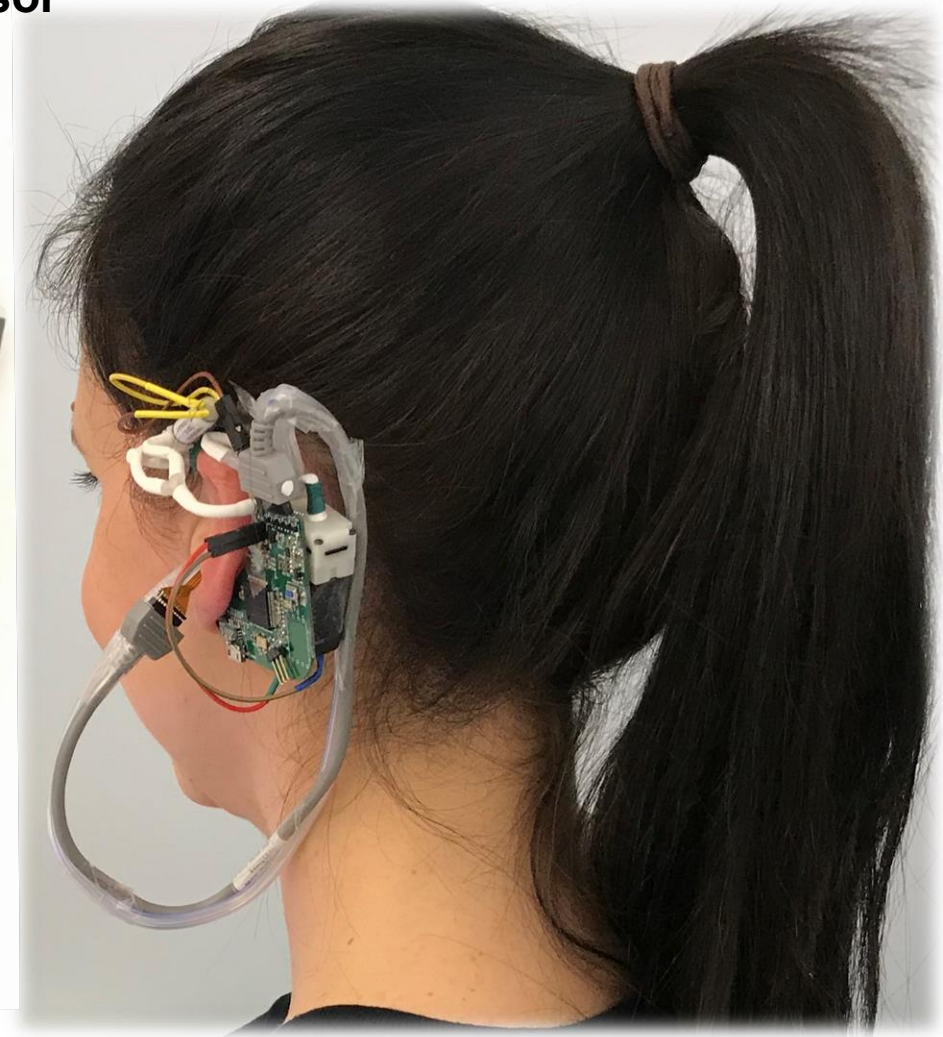
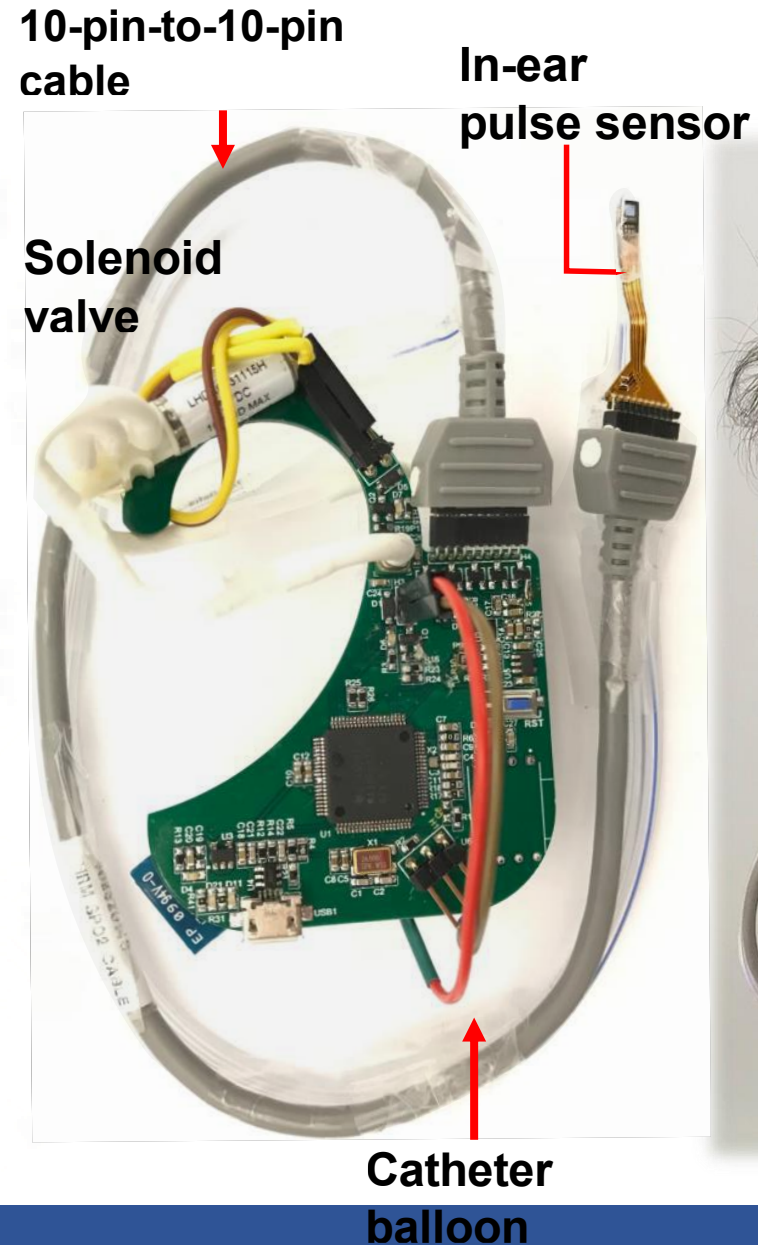
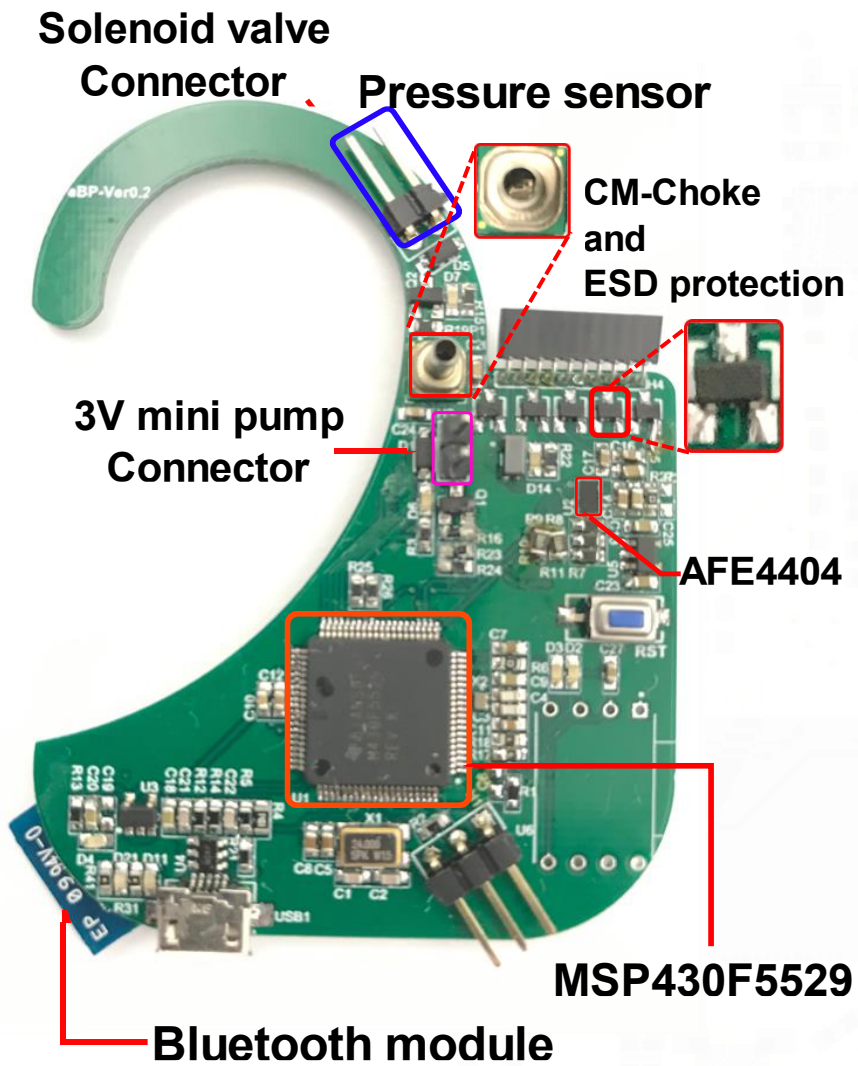


Making the balloon

Flexible circuit **Flour** **Harden** **size** **Soft** **silicone** **Photodiode & LED array**



Prototype



Experiment

Demographic data of study population	
Age (years)	18 - 35 years old
Blood Pressure	Systolic: 93-146 , Diastolic: 53-113
Gender Ratio	Male: 24, Female: 11

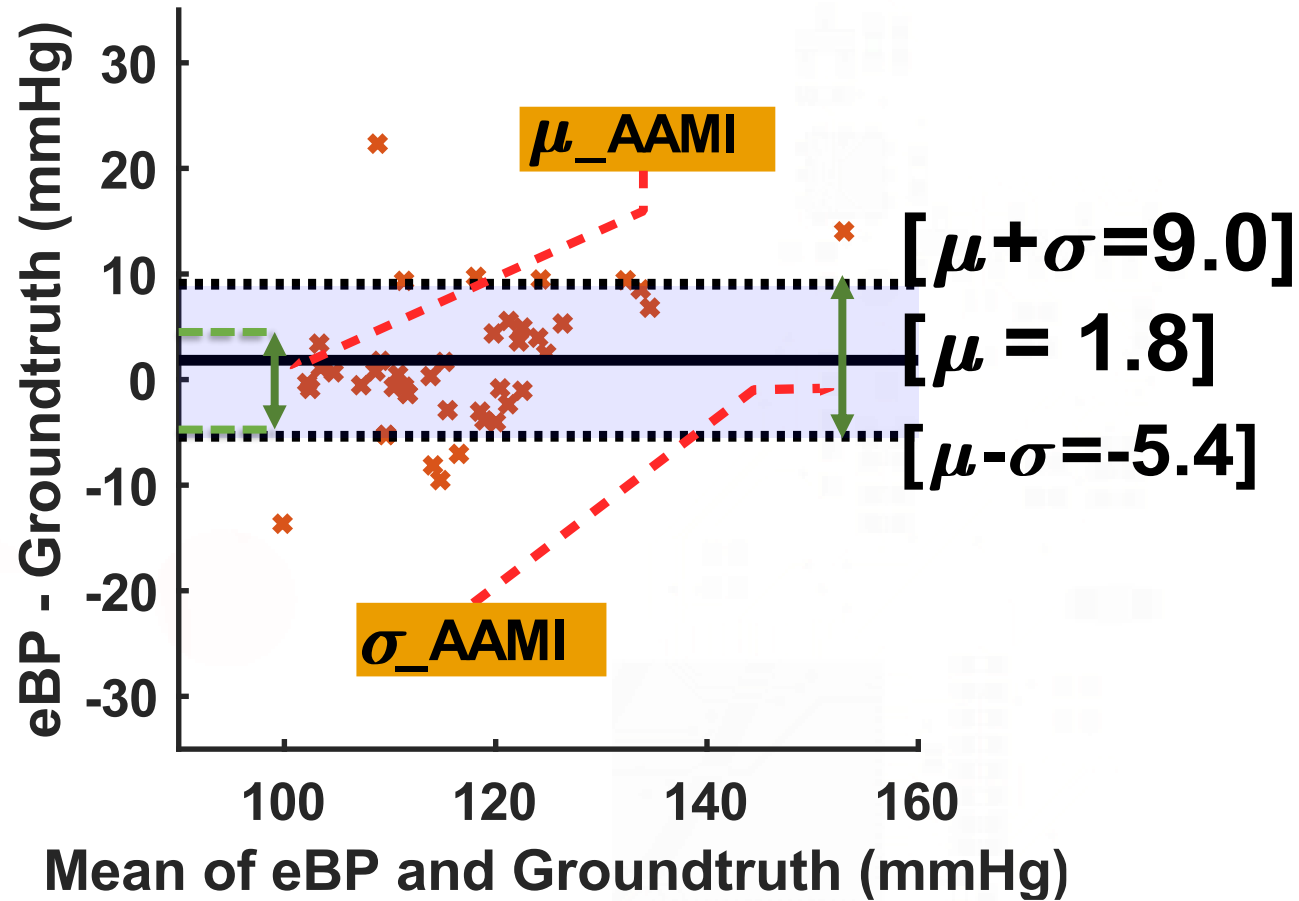
Ground truth device: KonQuest KBP-2704A

Calibration: Polynomial regression model on the data of 5 subjects.

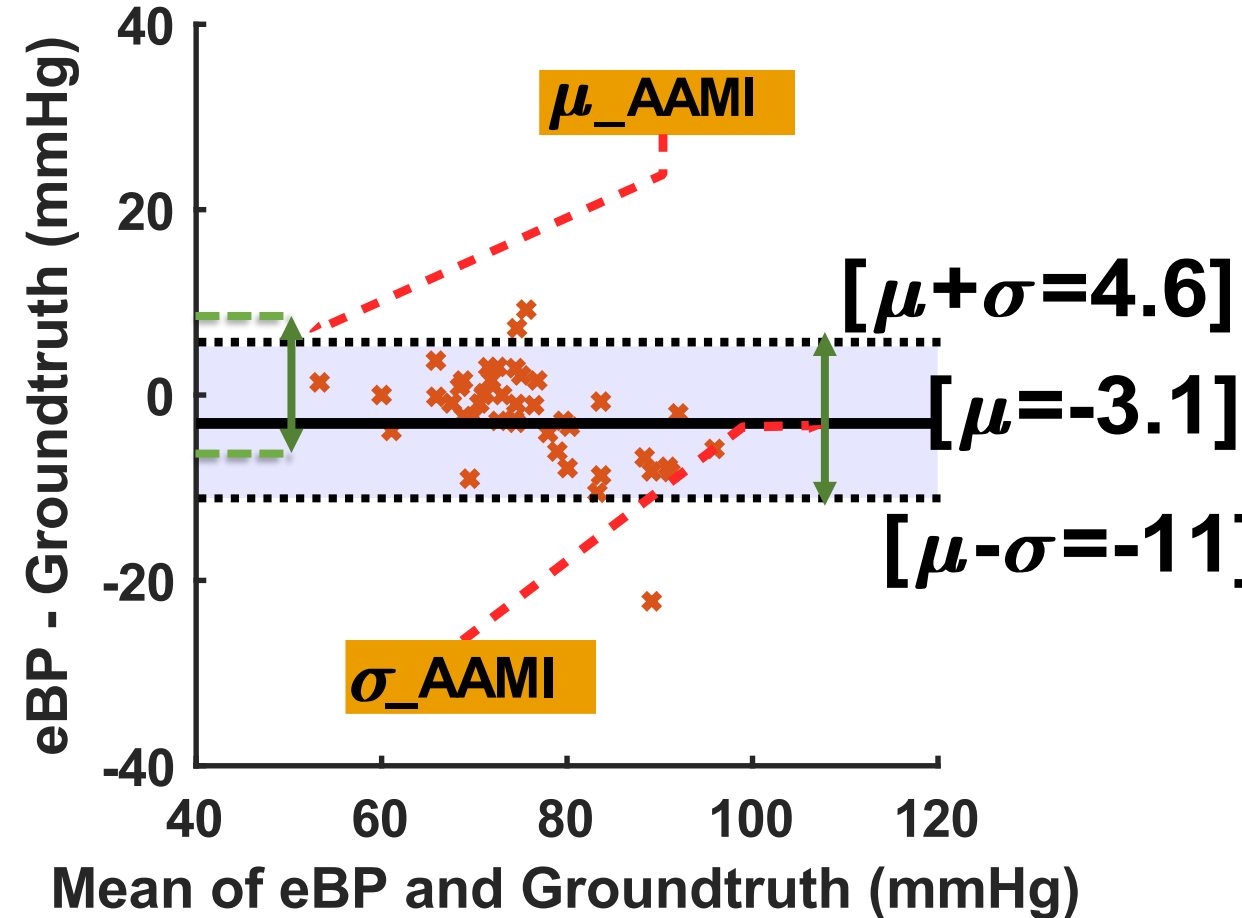


Result

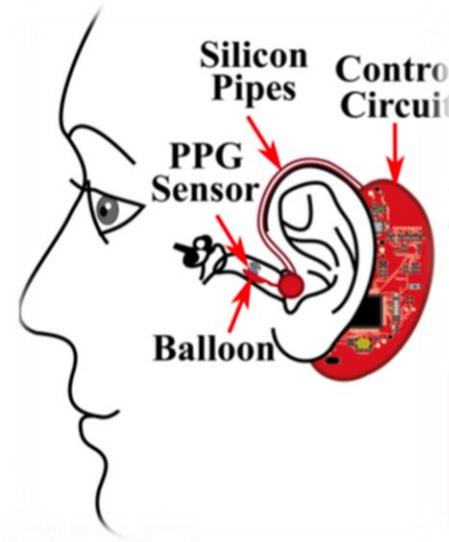
Association for the Advancement of Medical
Instrumentation



Systolic BP



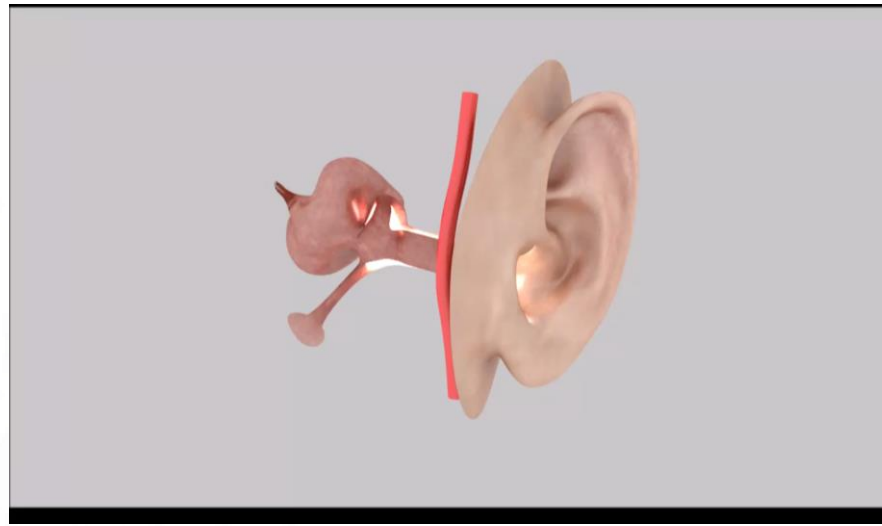
Diastolic BP



Integrated to earphone or a hearing aid for frequently measuring BP



Improve the algorithm of existing cuff devices.



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